

CAMPIONATI DI SOCIETA' – COPPA ITALIA Maschile e Femminile 2018
World Para Swimming World Series Lignano 2018

GIOVEDI 24 MAGGIO	VENERDI 25 MAGGIO	SABATO 26 MAGGIO	DOMENICA 27 MAGGIO
<p>Warm up 07.45 – 09.00 Start 09.15 Session 1</p> <ul style="list-style-type: none"> • 100 Freestyle S1 - S13 m/f • 100 Backstroke S1-S2 e S6-S14 m/f • 200 Freestyle S2-S5 e S14 m/f <p>P.S.: 100 stile libero solo per atleti <u>con</u> Licenza WPS</p>	<p>Warm up 07.45 – 09.00 Start 09.15 Session 3</p> <ul style="list-style-type: none"> • 50 Breaststroke SB2-SB3 m/f • 200 IM SM5- SM14 m/f • 50 Backstroke S1-S5 m/f • 100 Breaststroke SB4-SB14 m/f 	<p>Warm up 07.45 – 09.00 Start 09.15 Session 5</p> <ul style="list-style-type: none"> • 50 Freestyle S1-S13 m/f • 400 Freestyle S6-S13 m/f <p>“Futuri Campioni FINP”</p> <ul style="list-style-type: none"> • Finalissima 50 stile libero • Finalissima 50 dorso <p align="center">PREMIAZIONI FINALISSIME FUTURI CAMPIONI</p>	<p>Warm up 07.45 – 09.00 Start 09.15 Session 7</p> <ul style="list-style-type: none"> • 100 Freestyle S1 - S14 m/f • 50 Butterfly S5-S7 m/f • 100 Butterfly S8-S14 m/f • 150 IM SM3- SM4 m/f <p>P.S.: 100 stile libero solo per atleti italiani <u>senza</u> licenza WPS</p> <p>- 4x100 m Freestyle 34 punti m (S1-10) - 4x100 m Freestyle 34 punti f (S1-10) - Mixed 4x50 m Medley 20 points (S1-10)</p> <p align="center">PREMIAZIONI CAMPIONATO SOCIETA' COPPA ITALIA M - F FINP</p>
<p>Warm up 15.45-16.45 Start 17.00 Session 2 Multi class Finals</p> <ul style="list-style-type: none"> • Youth Final (Under 18) m/f • B Final m/f • A Final m/f 100 Freestyle 100 Backstroke 200 Freestyle 	<p>Warm up 15.45-16.45 Start 17.00 Session 4 Multi class Finals</p> <ul style="list-style-type: none"> • Youth Final (Under 18) m/f • B Final m/f • A Final m/f 50 Breaststroke 200 IM 50 Backstroke 100 Breaststroke 	<p>Warm up 15.45-16.45 Start 17.00 Session 6 Multi class Finals</p> <ul style="list-style-type: none"> • Youth Final (Under 18) m/f • B Final m/f • A Final m/f 50 Freestyle 400 Freestyle 	<p>Warm up 14.45-15.45 Start 16.00 Session 8 Multi class Finals</p> <ul style="list-style-type: none"> • Youth Final (Under 18) m/f • B Final m/f • A Final m/f 50 Butterfly 100 Butterfly 150 IM
	<p>- Mixed 4x50 m Freestyle 20 points (S1-10) - Mixed 4x100 m Freestyle (S14)</p>	<p>- 4x100 m Medley 34 points m (S1-10) - 4x100 m Medley 34 points f (S1-10) - Mixed 4x100 m Free 49 pt (S11-13)</p>	